

Dear Jerry and John,

Even though you and I did not spend a tremendous amount of time with each other, I feel that if it was not for your work with the entire holistic program I would have not received the help I needed in order to begin changing my life for the better. In then last three months I have not only come to terms with who I am, but I have also discovered the possibility of everything I believe I can be. For the first time in a long time I have a positive outlook on the overall direction in which my life is headed, and for all of this I wish to express my sincere gratitude.

Yours truly

Seth